

Help to Feed Zimbabwe's Children

95,000 children under age 5 in Zimbabwe are suffering from acute malnutrition, and cases could rise by up to 50% after the disruption of services due to COVID-19.

Vulindlela Guardians needs help to feed 184 children in Bulawayo.



Malnutrition

Over one quarter of Zimbabwean children are stunted, with only 4% of children receiving a minimum acceptable diet. UN OCHA reported that COVID-19 has impeded screening and treatment services, with much fewer children receiving help.

No Education

With schools closed, and not providing meals, pressure is on households to provide food for children. But many have lost their income and have none to give, so more children are arriving at the Vulindlela Centre daily, asking for food. We have been providing e'Pap porridge 3x a week since 2016 but this is no longer sufficient, and resources are running low.

In Crisis

Zimbabwe was already facing multiple humanitarian crises. Before COVID-19, Zimbabwe suffered widespread economic shocks, severe food insecurity, risk of cholera, typhoid and HIV/AIDS, and was recovering from cyclone Idai. Now, COVID-19 has made the situation worse.

The Vulindlela Guardians centre in Bulawayo, Zimbabwe, has 184 children in its care that all need food. COVID-19 lockdown laws restrict children's movement, but our partners in Bulawayo will deliver provisions directly to the children in need.

For £13 a month, Vulindlela Guardians can provide a child with 10kg of mealie meal, 2 cabbages, 2 kg of dry beans, 1 litre of cooking oil, 1 piece of soap and 20 servings of e'Pap nutritional porridge.



We need to raise £7,200 to help to feed the 184 children in our care for the next 3 months. For £40, you can save a child from going hungry over the winter months. Every little helps so please consider giving generously on our JustGiving page:

<https://www.justgiving.com/fundraising/vulindlelaguardians2019>

Vulindlela Guardians is a small registered charity in Bulawayo, Zimbabwe, that has been helping children who have faced incredible hardship to go to school since 2005. We support Patricia Tshabalala, local social worker, who runs the community centre.

For more information, visit vulindlelaguardians.com or contact:

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